Patients Participation Group Meeting

Minutes of Meeting held in the Memorial Hall Annexe

Monday - 28/02/2022

Chairperson: Philippa Jones

Minutes: Michael Wright

<u>Present:</u> Mr. D. Avery, Mr. & Mrs. Baker, Mrs. D. Canham, Mrs. C Carpenter, Mrs. T. Carter, Mr. & Mrs. Cameron, Miss R. Cooper, Mr. & Mrs. Gardiner, Mr. & Mrs. Graves, Mrs. B Hanks, Mrs. G. Holloway, Mrs. J. Howden, Mr. C. Looker, Mrs. M. McKenna, Mrs. D. Neilson, Mrs. M. Rouse, Mr. & Mrs. Sharp, Mr. A. Shute, Mr. & Mrs. Vertue

Woodchurch Surgery: Helen Fox – Practice Manager

Apologies: Mrs. P. Coe, Mr. & Mrs. Whitaker, Nick Jones

Chair's Welcome:

Philippa welcomed everyone and introduced the guests (Rosie Cooper & Cassie Carpenter).

Minutes of Last meeting (22/12/2021):

These were accepted.

Matters Arising:

There were no matters arising.

Woodchurch Surgery:

Helen gave an update on Surgery items

Covid – Helen reminded us that contrary to popular belief the Pandemic was not over and that face masks and social distancing were still in effect at the Surgery, however visitors can now wait inside.

New Services – A new Women's Health Physio is now available concentrating on new mothers as a part of their post natal review and adult females with issues such as incontinence or prolapse. A Baby Massage class is now running for babies 8/12 weeks old. A Wobble chair-based exercise class is running at Ivy Court in conjunction with EC30.

There have been no staff changes.

Questions from the floor.

- 1. Could name boards be installed in the Surgery foyer to help visitors identify staff. Helen agreed to investigate.
- Since free lateral flow test will stop being issued on April 1st., what were the options. Helen suggested that tests can be purchased from pharmacies such as Boots, etc. and it could be a good idea to have one as a standby in case symptoms appear.

Guest Speakers:

Cassie Carpenter introduced herself as Social Prescriber working within a team of 4 for the Primary Care Network (PCN- Charing, Hamstreet, Tenterden & Woodchurch). Her role is to engage with

people after a referral from one the Surgeries and carry out face to face interviews in their own homes. Cassie will develop a plan of action depending on the needs and then maintain contact for as long as required.

Rosie Cooper introduced herself as a Community Engagement Officer for the Primary Care Network (Charing, Hamstreet, Tenterden, Woodchurch) working within EC30. Rosie explained that EC30 is located in the former East Cross building which is on the left of the Waitrose Car Park. On site there is a Community Café and a Charity shop. Advice and support on Financial issues, Mental Health issues, caring for Dementia / Parkinson's and a Knit & Natter group can all be found on site. Full details of all the services offered can be found on-line at www.EC30.co.uk

Linda Baker then introduced "Thriving Together Gardening" (TTG) an initiative being brought to the village by the 'Woodchurch in Bloom' group to allow residents to socialise through gardening. Rather than one community garden there will initially be 6 "Pods" sited around the village (Bonny Cravat, Coffee Shop, Church, Six Bells Pub, School, Surgery) to enable residents enjoy Mindfulness areas, growing Herbs, Vegetable, flowers and crafting. To find out more, you are invited to come along on 26/03/2022 at 10:30 to the Bonny Cravat where hot drinks and cake will also be available.

Any Other Business:

Philippa suggested that anyone who needs advice on living with Macular Degeneration should contact Charles Vertue who will happily guide them in the right direction.

Next meeting: 23/05/2022 at 6pm in the Memorial Hall Annexe

The meeting was closed at 7pm